

NOVEL CORONAVIRUS: GUIDANCE

WHAT TO DO WHEN IN DOUBT

1. What symptoms should I look out for?

Fever and flu-like symptoms such as cough, sore throat, shortness of breath, muscle pain, tiredness are signs of a possible novel coronavirus infection.

2. I have fever and/or flu-like symptoms, what should I do?

Stay at home and call your family doctor (GP), paediatrician or primary care out-of-hours service (guardia medica).

3. How soon should I call the doctor?

Right away. If you think you might be infected, call as soon as you feel the symptoms of respiratory infection, describing your symptoms and contacts at risk.

4. I cannot get in touch with my GP, what should I do?

Call one of the emergency numbers listed on the website www.salute.gov.it/nuovocoronavirus

5. Can I go directly to the emergency room or to my family doctor?

No, DO NOT go to the hospital or to your doctor. If you go to the emergency room or to a surgery without the doctor's authorisation, you could infect other persons.

6. How can I protect my family?

Always follow personal hygiene rules (wash your hands regularly with water and soap or use an alcohol-based gel) and keep all surfaces clean. If you think you might be infected, wear a surgical mask, stay away from your family members and disinfect frequently-touched objects.

7. Where can I take the test?

Tests are performed only in selected National Health Service laboratories. If your doctor thinks you should be tested, they will give you instructions.

8. Where can I get additional reliable information?

Follow only the specific and up-to-date information and advice on the official websites of the local authorities and the Civil Protection.

9 marzo 2020